

Model Nos:	Approx User Height	Maximum User Weight:
8070C	Large 5'10" - 6'6" 1.78m - 1.98m	127kg (20st)
8071C	Medium 5'1 - 5'9 1.55m - 1.75m	127kg (20st)
8072C	Small 4'6" - 5'2" 1.37m - 1.57m	127kg (20st)

DESCRIPTION OF DEVICE AND INTENDED APPLICATION



The Coopers Red Dot Axilla Crutch is intended for use by persons with disabilities or difficulty in walking, but who are capable of mobilising themselves.

The Coopers Red Dot Axilla Crutch can be used indoors or conditionally outdoors

The Coopers Red Dot Axilla Crutch is personal mobility device that is operated manually by the disabled user*

*A disabled user is a disabled person or a person not having the full capacity to walk unaided

The Coopers Red Dot Axilla Crutch is intended for a single user and is a non invasive device

USING CRUTCHES

Please read all instructions before use.

PLEASE NOTE:

These are our recommendations only and should be checked with your physiotherapist.

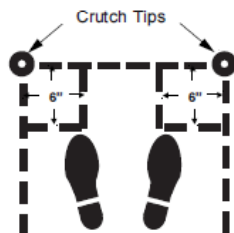
WARNING

For your safety and before each use, please perform the daily checks as described in the maintenance section and in addition

1. Use a chair with high seat or arms to help you sit and stand up with ease.
2. Remove obstacles such as loose rugs, draught excluders and worn floor coverings.
3. Ensure lighting in hallways and stairways is adequate.
4. Wear flat supportive shoes.
5. Avoid wet floors.
6. Beware of outdoor hazards including uneven surfaces, wet leaves and ice.
7. Do not store this product in temperatures below freezing.
8. Take special care if carrying a bag or similar packages.

ADJUSTMENT AND FITTING GUIDE

1. Adjust the overall crutch length by depressing the lower push buttons and extending the footpieces until the buttons engage at the desired patient height as indicated on the fitting scale along side the adjustment holes.
2. Have the patient assume the fitting position.



3. Top of crutch should be approximately two inches (5cm) below the underarm.
 4. To adjust the handle height, pull the red C clips out until an audible click up to a positive stop is encountered. See Fig 1
- Note:** to ensure long service and the correct fit and function of the handle the red clips should not be prised open and removed fully away from the crutch.

5. Slide the handle up or down to the required hole setting, generally where the elbow is slightly bent.
6. Always ensure that the C clip pins are fully located into the crutch and an audible click is heard as the C clips snap back into a locked position before use. See Fig 2

Fig 1



Fig 2



INSTRUCTIONS FOR USE

Non Weight Bearing

1. Keep the affected leg off the ground by holding it slightly in front with the knee slightly bent
2. Move the crutches one pace forward slightly apart and level
3. Move body forward between the crutches allowing the unaffected leg to swing through

Partial Weight Bearing

Where the injured leg can take the same weight

1. Move the crutches one pace forward, slightly
2. Place the affected leg onto the ground level with the crutches, which supports some of the body weight
3. Step through with the unaffected leg

WALKING WITH CRUTCHES

STAIRS

If it is essential to use the stairs and you have not been advised otherwise, try to have someone with you until you feel safe. Hold onto at least one handrail if possible. Hold the spare crutch together with the handle of the remaining crutch.

The crutch(es) go on the same step as the affected leg

Going up

The unaffected leg goes first, being followed by the crutches and affected leg onto the same step. The procedure is repeated.

Going down

The affected leg goes first, with the crutches, being followed by the unaffected leg onto the same step. The procedure is repeated.

CHAIRS

Getting Up

Crutches should be near the chair or held in one hand. Push up on one crutch and the opposite arm of the chair to assist in standing. Once standing up, position the crutches under the arms.



Sitting Down:

Position yourself in front of the chair ready to sit down. Remove the crutches from under your arms, hold the crutches in one hand or place near chair. Sit down.



Note: Sunrise Medical recommends wherever possible, the use of a chair with a high seat height and arms to assist you with standing up and sitting down more easily.

CLEANING AND MAINTENANCE

It is recommended that the Coopers Red Dot Axilla Crutch is cleaned regularly with a mild disinfectant.

DO NOT use any abrasive cleaners, solvents or bleach on this device

Maintenance is minimal but regular inspection is necessary to ensure continued safe function and performance of the crutch is achieved.

Check daily before use: that the height adjustment push buttons are secure, the ferrules (rubber tips) are intact, and the handgrips are secure.

Perform regular checks for security. The handgrip of the crutches should be checked daily to be sure they are securely located. Rubber tips that become worn or tear should be replaced at once to prevent slipping. Padded handgrips that are torn or worn should be replaced promptly to prevent blisters on the hands or slipping of the hands. Worn or torn rubber padding at the top of the crutch should be replaced to prevent pressure injuries. Replace or adjust parts where necessary.

WARRANTY

All Coopers products are warranted for 12 months from the date of purchase against manufacturing or design defects.

The warranty is subject to the following conditions:

- It does not apply to wear and tear, inappropriate or incorrect use, or non-observance of User Instructions.
- Defective set up by the user or third parties or negligent or careless treatment.
- Use of unsuitable or unapproved spares or unauthorised alteration.
- The warranty does not extend to consequential costs resulting from fault clearance, loss of earnings or expenses

THIS IN NO WAY AFFECTS YOUR STATUTORY RIGHTS.

LIFE EXPECTANCY

We estimate a life expectancy of 2 years for this product, provided that:

- It is used in strict accordance with the intended use as set out in this document.
- All service and maintenance requirements are met. The estimated life expectancy can be exceeded if the product is carefully used and properly maintained. The life expectancy can also be considerably reduced by extreme or incorrect usage.
- **The fact that we estimate a life expectancy for this product does not constitute any additional warranty.**

Notes.....

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Conforms to
The Medical Device Directive MDR 2017/745