Helping Hand®

SymmetriSleep® 2.0

Market-Leading Sleep System, Evolved.

SymmetriSleep has been the market-leading supported lying system for over three decades, trusted for its comfort, adaptability, and clinical effectiveness.

Building on this foundation, SymmetriSleep 2.0 has been developed, offering more tailored support components and enhanced microclimate management.

Contoured Positioning Components

Developed using the latest principles for protecting body shape in supported lying, our new contoured positioning components are designed to match the anatomical shape of the body.

By increasing body contact and providing enhanced proprioceptive feedback, they deliver more optimal support. They can brace the chest in supine, follow the body's natural curves, reduce lateral compression from flat supports, and assist with de-rotation at the pelvis or chest.

Unlike traditional supports, these components adapt to the client's unique shape rather than requiring the client to fit the system. They are available in medium, and medium-to-large sizes.

Wedge Positioning Components

Introducing the new wedge positioning components, designed to support overall body shape, by gently de-rotating the client towards a midline position.

These versatile supports can be used in multiple ways to enhance positioning in lying:

- De-rotating the head, chest, pelvis, or lower limbs to reduce asymmetry and rotational distortion
- Supporting semi side-lying positions to offload high-pressure areas such as the sacrum or shoulders
- Promoting more symmetrical positioning and improved pressure redistribution

Available in both a small and medium size

CoolOver Advanced - Enhanced Cooling for Even Better Temperature Regulation

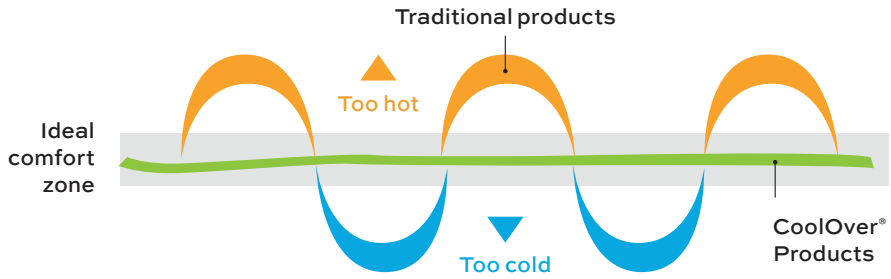
With advancements in technology, CoolOver Advanced delivers double the performance in temperature regulation, helping clients stay cooler for longer. Enhanced moisture-wicking properties also provide a drier night, reducing the well-known skin risk associated with excess moisture.

Coming Summer 2026

PU Airmantle integrated with CoolOver Technology

A specialised support layer that redistributes pressure to enhance comfort and protects skin, our new offering provides water resistance to protect all components and effective temperature regulation.

CoolOver Advanced technology actively regulates temperature and moisture, by absorbing and releasing heat as needed, while wicking moisture away from the body. This helps maintain a stable, dry microclimate, improving comfort, protecting skin integrity, and reducing the risk of pressure-related damage.



SleepSafe Covers - A Safer Sleep

Our all new SleepSafe covers are designed to protect clients with involuntary movements that may place their face against positioning supports - addressing a key safety concern that has historically limited access to sleep systems.

Constructed from a breathable fabric, SleepSafe covers allow continuous airflow even when close to the nose and face. SleepSafe can be applied to all components as needed, providing added reassurance without compromising support or comfort.

Contact your Area Sales Manager to try out these new options.

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Helping Hand cares about your safety. Please read your owner's manual for safe operating instructions and maintenance guidelines. In line with our policy of continual product improvement, Helping Hand reserves the right to make changes at any time, and without notice. For the latest information, please visit www.sunrisemedical-group.com.