Model Nos: 7374C 7381C

Maximum User Weight: 127kg (20st)
(Do not exceed this weight)

DESCRIPTION OF DEVICE AND INTENDED APPLICATION:

The Coopers Folding walking frames are aluminium pulpit type frames. The folding walking frame has the exclusive purpose of providing a stable support for elderly and infirm people with disabilities in or difficulty with walking but who are capable of mobilising themselves. The walking frame assists an unsteady user to mobilise safely within the area of the frame, their folding ability enables the product to be stored and or transported easily
Coopers Folding Walking Frames are personal mobility devices (2 wheeled front legged or 4 ferruled leg types) that are operated manually by the user*

*A user is a disabled person, or a person not having the full capacity to walk unaided

WARNING

For safety, these precautions must be taken when using these products. Before each use make sure:
• Walker is securely locked down via the safety clip and adjusted to the correct height.
• Locking mechanisms and spring buttons are fully engaged.
• The presence and security of all frame connecting joints, screws and fasteners
• The walker sits level and all legs are adjusted to the correct height.
• Ferrules and wheels (where fitted) are in good condition - replace if necessary.
• Do not exceed the maximum weight limit for the frame.
• Use only Coopers/Sunrise parts or accessories.
• When using accessories, ensure these are fitted safely and are not overloaded.

CONTINUED ➡

USING THE FOLDING WALKING FRAME

Please read all instructions before use.

PLEASE NOTE:
These are our recommendations but should be checked with your physiotherapist.

When the frame is adjusted correctly the user should be able to maintain an upright posture with the elbow slightly flexed. In this way, body weight is taken through the frame by pushing down on the frame when walking.

WARNING

When adjusting frames fitted with wheels it is advisable to set the rear legs one position higher than the front wheels.

This is to compensate for the increased height of the wheels at the front which can adversely affect the stability of the frame and the slope of the handles.

FOLDING WALKING FRAME

TO OPEN

1. Holding the frame top in one hand and rail front in other, pull one away from the other.
2. Ensure the frame is in the fully open position before use (Fig 1).
3. Fit safety clip (Fig 4).

TO CLOSE

1. Remove safety clip.
2. Grasp the frame top in one hand and pull the wooden ball in the other hand (Fig 2).
3. When closed, the frame will fold into position (Fig 3).

As a safety feature to prevent the frame from closing during use, a safety clip must be in place.

The safety clip must be located into position when the frame is in the open position (Fig 4).

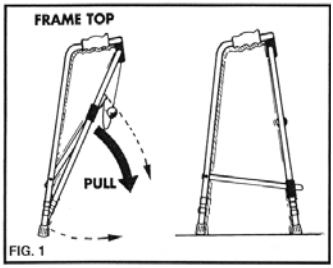


FIG. 1

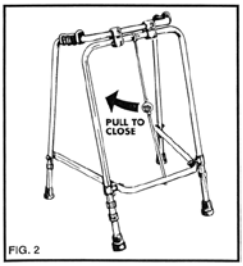


FIG. 2

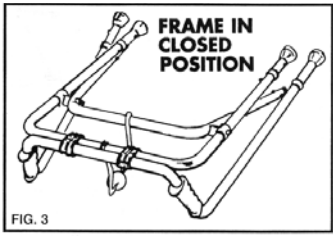


FIG. 3

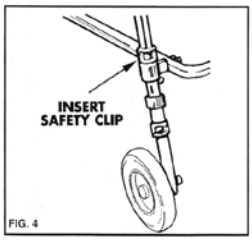


FIG. 4

ADJUSTING THE HEIGHT OF FRAME

To ensure the frame is the correct height for the user, it will need to be adjusted accordingly.
(Your frame will have either a horseshoe clip or spring pin type and can be adjusted as shown in Fig 5 & 6).

Horseshoe Clip Adjustment

1. Remove the clip by grasping it between thumb and forefinger and pulling out.
2. Slide the leg in or out to the ideal position.
3. Push the clip back firmly into the hole.
4. Check the clip is fully located before use.

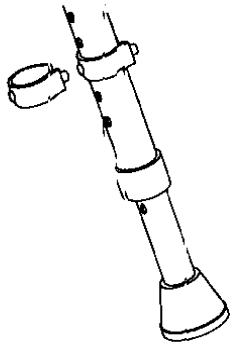
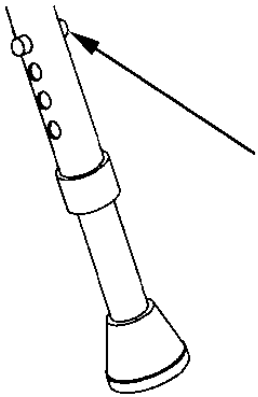


FIG. 5



Spring Pin Adjustment

1. Press the two buttons in.
2. Push the leg as if to shorten.
3. Turn the leg slightly.
4. Extend the leg to the required position, turn and re-locate buttons into the appropriate holes.
5. Check pins are fully located before use.

FIG. 6

CONTINUED ➡

WALKING

Step 1. Stand within the space of the frame.
Step 2. Place the frame one step ahead
Step 3. Walk towards it using the **affected** leg first,
Step 4. Follow with the other leg, which should then step through. **Do not walk too far into the frame area.**
Step 5. When steady, lift the frame and place a short distance in front **(When using front wheeled frames, the rear legs should be lifted and wheeled forward as opposed to it being used as a wheeled rollator see Fig 3.)** and repeat the process

Step 1.

Step 2.

Step 3.

Step 4.

Step 5.

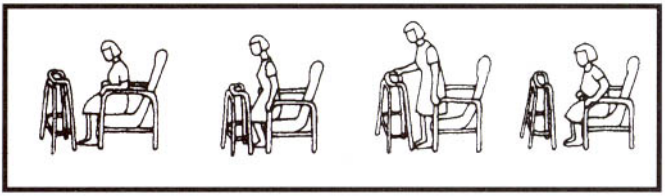
Fig 3.

Note: Coopers wheeled frames have fixed wheels. Where directional realignment of the wheeled frame is required, the frame should be stationary and lifted at the rear in order to turn the frame in the required direction.

GETTING INTO AND OUT OF CHAIRS

Getting into and out of Chairs

1. Position the frame in front of the chair.
2. Get up by pushing on the arms of the chair and transfer hand to frame when fully standing.
3. To sit down, using the frame, turn round in front of the chair and feel the chair behind you with your legs.
4. Place hands gently on the chair arms, bend slightly forward and sit down gently (Fig 4).



GENERAL SAFETY

1 Use a chair with high seat and arms to help you sit and stand up with ease.
2 Remove obstacles such as loose rugs, draught excluders and worn floor coverings.
3 Ensure lighting in hallways and stairways is adequate.
4 Wear flat supportive shoes.
5 Avoid wet floors.
6 Beware of outdoor hazards including uneven surfaces, wet leaves and ice.
7 Do not store this product in temperatures below freezing.
8 Take special care if carrying a bag or similar package.
9 All equipment should be regularly inspected for any damage or significant signs of wear.

Check for:

- Bent or damaged tubes or cracks at the tube joints.
- Loose or worn horseshoe clips or both buttons of the spring clips are present
- Loose screws or fasteners
- Elongated adjustment holes
- Loose handles
- Loose or worn wheels and fasteners (where fitted)
- Smooth, worn or split ferrules (rubber tips)

Replace all worn, missing or damaged parts where necessary.

10 Regular cleaning with a mild disinfectant is recommended. **DO NOT** use bleach or any solvents (such as lighter fluid).

WARRANTY

All Coopers products are warranted for 12 months from the date of purchase against manufacturing or design defects.

The warranty is subject to the following conditions:

• It does not apply to wear and tear, inappropriate or incorrect use, or non-observance of User Instructions.

• Defective set up by the user or third parties or negligent or careless treatment.

• Use of unsuitable or unapproved spares or unauthorised alteration.

• The warranty does not extend to consequential costs resulting from fault clearance, loss of earnings or expenses

THIS IN NO WAY AFFECTS YOUR STATUTORY RIGHTS.

LIFE EXPECTANCY

We estimate a life expectancy of 2 years for this product, provided that:

- It is used in strict accordance with the intended use as set out in this document.
- All service and maintenance requirements are met.

The estimated life expectancy can be exceeded if the product is carefully used and properly maintained.

The life expectancy can also be considerably reduced by extreme or incorrect usage.

The fact that we estimate a life expectancy for this product does not constitute an additional warranty.

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ISO 9001

CE

Conforms to
The Medical Device Directive 93/42/EEC 1993